2010 State Profile — Maine National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf

In Maine, 179 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 10,593 clients in substance abuse treatment on March 31, 2010. The survey response rate in Maine was 91.8%.

Facility Operation

			Clients in	<u>Treatmen</u>	t on March 31	, 2010
	Facilities		All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	93	52.0	4,858	45.9	365	48.9
Private for-profit	74	41.3	5,284	49.9	363	48.6
Local, county, or community government	5	2.8	245	2.3	5	0.7
State government	0	0.0	0	0.0	0	0.0
Federal government	3	1.7	90	0.9	0	0.0
Dept. of Veterans Affairs	2	1.1	84	0.8	0	0.0
Dept. of Defense	1	0.6	6	0.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	4	2.2	116	1.1	14	1.9
Total	179	100.0	10,593	100.0	747	100.0

Primary Focus of Facility

			Clients in	Treatmen	t on March 31	, 2010
_	Facilitie	es	All Clie	nts	Clients Unde	r Age 18
	No.	%	No.	%	No.	%
Substance abuse treatment services	74	41.3	5,487	51.8	339	45.4
Mental health services	18	10.1	506	4.8	26	3.5
Mix of mental health & substance abuse						
treatment services	81	45.3	4,490	42.4	377	50.5
General health care	6	3.4	110	1.0	5	0.7
Other/unknown	0	0.0	0	0.0	0	0.0
Total	179	100.0	10,593	100.0	747	100.0

Substance Abuse Problem Treated

			Clients in T	reatmen	t on March 31, 2010
	Facilities ^{1, 2, 3}		Clients ³		Clients per 100,000 Pop.
	No.	%	No.	%	Aged 18 and Over
Clients with both alcohol and drug abuse	150	90.9	4,224	39.9	356
Clients with drug abuse only	136	82.4	4,492	42.4	417
Clients with alcohol abuse only	140	84.8	1,877	17.7	167
Total ²	165		10,593	100.0	940

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³ Sum of individual items may not agree with the total due to rounding.

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not

asked or did not respond to this question:

		I	Cli	ents in Tr	eatment on M	larch 31, 2010	
	Facilitie	s¹	All Clients		Clients Under Ag	ne 18	
					Median No. of Clients Per		
Outpatient	No. 155	% 86.6	No. 10,194	% 96.2	Facility 26	No. 694	92.
=	148	82.7		54.9	25	034	92.
Regular Intensive	38	21.2	5,811 666	6.3	16		
	8	4.5	35	0.3	18		
Day treatment/partial hospitalization Detoxification	6 16	8.9	29	0.3	13		
Methadone/buprenorphine	11	6.1	3,653	34.5	341		
	24	13.4	ა,ინა 331	34.5 3.1	13	46	6.
Residential (non-hospital) Short term	24 7	3.9	331 64	3.1 0.6	13	40	О.
	, 21	11.7		2.4			
Long term			253		12		
Detoxification	1	0.6	14	0.1	14	7	^
Hospital Inpatient	5	2.8	68	0.6	15	7	0.
Treatment	4	2.2	26	0.2	3		
Detoxification	5	2.8	42	0.4	7	7.47	400
Total	179	I	10,593	100.0	25	747	100.
Opioid Treatment Programs (OTPs)	No.	% ¹	Facility Lice Accreditation	_	opproval, Ce	rtification, or	
Facilities with OTPs	11	0.9			_	Facilities ¹	
						No.	0
Clients in Facilities with OTPs			Any listed age			172	96.
Methadone	3,624	92.5	State substan			165	92.
Buprenorphine	292	7.5	State mental			89	49.
Total	3,916	100.0	State departm			42	23.
¹ Percentage of all OTP facilities that are in this State or	jurisdiction.		Hospital licen	_	ority	16	8.
			The Joint Cor	nmision		21	11.
Facility Payment Options			CARF ²			15	8.
<u> </u>	Facilitie		NCQA ³			3	1.
	No.	%	COA⁴			19	10.0
Cash or self-payment	169	94.4	Other State/L	ocal Agen	cy/Org	6	3.
Private health insurance	146	81.6					
Medicare	89	49.7	•		•	agency/organization.	
Medicaid	149	83.2			on of Rehabilitatio	n Facilities	
Other State-financed health insurance	80	44.7	³ National Comm		ality Assurance		
Federal military insurance	104	58.1	⁴ Council on Acc	reditation			
Access to Recovery (ATR) vouchers ²	N/A	N/A	Facility Fun	ding			
No payment accepted	2	1.1	-	•	_	Facilities	
Accepts other payments	1	0.6	Doorbing To	donal Of:	to court.	No.	Q
Sliding fee scale Treatment at no charge for clients who	118	65.9	Receives Fe	-			
cannot pay	80	44.7	or local gove substance a				
Camilot μαχ	OU	44.1	substance a	buse ireat	meni	64	35.
			programs			0 7	55.
¹ Facilities may accept more than one type of payment.							
² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, II LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, ¹							
LA. IVII. IVIU. IVII. INJ. NIVI. UH. UK. KI. TN. TX. WA. WI. \	VV Y. INOU						

	Faciliti	es
Types of Services Offered	No.	%
Assessment and Pre-Treatment Services	178	99.4
Screening for substance abuse	175	97.8
Screening for mental health disorders	136	76.0
Comprehensive substance abuse assessment/diagnosis	167	93.3
Comprehensive mental health assessment/diagnosis	92	51.4
Outreach to persons in the community who may need treatment	66	36.9
Interim services for clients when immediate admission is not possible	64	35.8
Testing	109	60.9
Breathalyzer/blood alcohol testing	59	33.0
Drug or alcohol urine screening	103	57.5
Screening for Hepatitis B	27	15.1
Screening for Hepatitis C	28	15.6
HIV testing	32	17.9
STD testing	22	12.3
TB screening	27	15.1
Counseling	179	100.0
Individual counseling	179	100.0
Group counseling	133	74.3
Family counseling	155	86.6
Marital/couples counseling	138	77.1
Transitional Services	168	93.9
Discharge planning	161	89.9
Aftercare/continuing care	129	72.1
Pharmocotherapies	71	39.7
Antabuse®	32	17.9
Naltrexone	42	23.5
Campral®	38	21.2
Nicotine replacement	36	20.1
Smoking cessation medications (non-nicotine)	24	13.4
Medications for psychiatric disorders	51	28.5
Methadone	15	8.4
Buprenorphine	47	26.3
Subutex®	29	16.2
Suboxone®	47	26.3
Ancillary Services	169	94.4
Case management services	85	47.5
Social skills development	92	51.4
Mentoring/peer support	56	31.3
Child care for clients' children	4	2.2
Assistance with obtaining social services	89	49.7
Employment counseling or training for clients	30 65	16.8
Assistance in locating housing for clients		36.3
Domestic violencefamily or partner violence	59	33.0
Early intervention for HIV	18	10.1
HIV or AIDS education, counseling, or support	57	31.8
Hepatitis education, counseling, or support	33	18.4
Health education other than HIV/AIDS or hepatitis	53	29.6
Substance abuse education	152	84.9
Transportation assistance to treatment	41	22.9
Mental health services	115	64.2
Acupuncture	1	0.6
Residential beds for clients' children	3 42	1.7 23.5
Self-help groups Smoking cessation program	33	18.4
Chicking deceation program		
Clinical/Therapoutic Approaches Used Always or Offen or Sematimes	<u>Faciliti</u>	
Clinical/Therapeutic Approaches Used Always or Often or Sometimes Substance abuse counseling	No . 178	99.4
	178	99.4 96.6
Relapse prevention		
Cognitive-behavioral therapy	175	97.8
12-step facilitation	136 167	76.0
Motivational interviewing Anger management	167 148	93.3
Continued.	140	82.7

	Facilitie	es
Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	No.	%
Brief intervention	147	82.1
Contingency management/motivational incentives	92	51.4
Trauma-related counseling	136	76.0
Rational emotive behavioral therapy	60	33.5
Matrix model	33	18.4
Community reinforcement plus vouchers	11	6.1
Other treatment approaches	29	16.2

Facility	Canacity	and I	Jtilization	Pato ¹
racility	Cabacity	and t	Julization	Rate

		Hospital
	Residential	Inpatient
Number of facilities	20	3
Number of clients ²	308	40
Number of designated beds	321	58
Utilization rate (%)	96.0	69.0
No. of designated beds/facility (avg.)	16	19

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

Facilities

	No.	%
Hearing impaired/sign language	73	40.8
Any language other than English	53	29.6
Services Provided by:		
On-call interpreter	41	77.4
Staff counselor	6	11.3
Both staff counselor and on-call		
interpreter	6	11.3
Languages Provided by Staff Counselor	:1	
Spanish	7	58.3
American Indian/Alaska Native	3	25.0
Other	8	66.7
1		

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at: http://www.samhsa.gov/data/DASIS.aspx#N-SSATS

Access the latest N-SSATS public use files at: http://www.datafiles.samhsa.gov

Other substance abuse reports are available at: http://www.samhsa.gov/data/

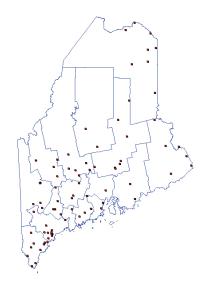
U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration

Center for Behavioral Health Statistics and Quality www.samhsa.gov/data/

Programs for Special Groups

3	Facilitie	es
-	No.	%
Any program or group	142	79.3
Co-occurring disorders	60	33.5
Adult women	26	14.5
Adolescents	27	15.1
DUI/DWI offenders	87	48.6
Criminal justice clients	36	20.1
Adult men	26	14.5
Pregnant or postpartum women	12	6.7
Persons with HIV or AIDS	10	5.6
Seniors or older adults	7	3.9
Lesbian, gay, bisexual, or		
transgender clients	7	3.9
Other groups	21	11.7

Location of Treatment Facilities



- Access N-SSATS profiles for individual States at: http://www.dasis.samhsa.gov/webt/NewMapv1.htm
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

http://findtreatment.samhsa.gov/

² Number of clients on March 31, 2010.